Références et études cliniques scientifiques publiées (avec hyperliens)


Elvira V. Lang, Kevin S. Berbaum, Salomao Faintuch, et al.. Adjunctive self-hypnotic relaxation for outpatient medical procedures: A prospective randomized trial with women undergoing large core breast biopsy.. Pain. 2006;


  Abstract (part of it) : Hypnosis has been demonstrated to reduce analogue pain, and studies on the mechanisms of laboratory pain reduction have provided useful applications to clinical populations.


• http://hypnose-clinique.ca/montreal/remi-cote-psychologue/